

State of Washington

**DIVISION OF
JUVENILE REHABILITATION
DRUG/ALCOHOL PROGRAM**

**DIVISION OF JUVENILE REHABILITATION
DRUG/ALCOHOL PROGRAM
OVERVIEW**

- o Offering a Full Range of Services*
- o Assessment and Education for Every Client*
- o Providing a Chemically Free Environment*
- o Individual and Group Treatment, In Patient and Day Treatment, Alcoholics/Narcotics Anonymous Meetings*
- o Group Care Recovery Programs, Parole Aftercare*
- o Administrative Support and Community Network*

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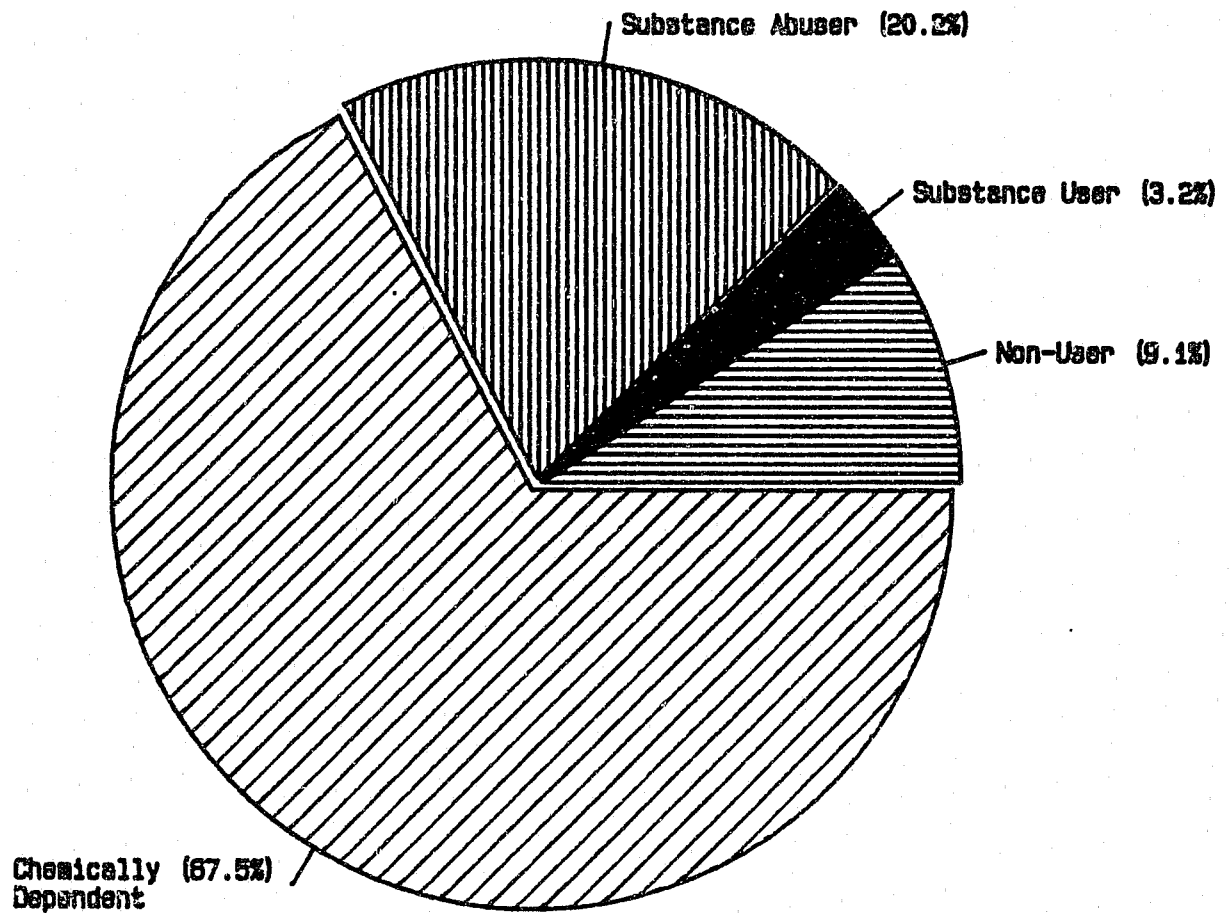
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Division of Juvenile Rehabilitation
Impact of Substance Abuse on Clients
Percent of Clients by Dysfunction



Determined by Assessment of Client
Population: 1985 to 1988

ASSESSMENT

- o Currently utilizing Self-Report Personality Inventory to Assess Each Client's Involvement with Substances*
- o Ongoing Testing Reveals 67% of Client Population is Chemically Dependent*
- o Testing Results Confirmed by Interview with Diagnostician*
- o Tests are Computer Scored and Interpreted; Case File Material is Produced for Each Client*
- o DJR has Completed Study on Effectiveness and Validity of the Personal Experience Inventory (PEI), a New Psychometric Instrument Assessing Chemical Dependency*
- o DJR will Complete Study of Clinical Value of PEI, and then Implement the Use of the Instrument, System Wide*

EDUCATION

- o All Clients of DJR are Provided Drug/Alcohol Education in Every Institution School and Learning Center*
- o DJR First used the "Here's Looking at You, Two" Curriculum*
- o Instructors Recommended Significant Changes to the Curriculum, Which Led to a Revision of "Here's Looking at Your, Two"*
- o The Office of the Superintendent of Public Instruction and DJR Contracted with the Developer, Roberts Fitzmahen and Associates, to Revise the Curriculum and Created the "Innervisions" Program*
- o "Innervisions" Provides Skill Enhancement Approach, and Works in Combination with Other Skill Building Material*
- o "Innervisions" Provides Education and Treatment Linkage in Institution Programs*

INTERVENTION

- o DJR Philosophical Position Established Identifying Substance Abuse as a Major Health Issue, and Threat to Public and Staff Safety*
- o Primary Goal of In House Programming is to Establish Chemically Free Environment for Clients*
- o Policy Prohibits Contraband, Paraphernalia, Clothing, Jewelry Artwork or Literature Which Promotes the Use of Substances*
- o Case Planning Identifies Intervention Steps: Diagnosis, Information, Confrontation of Denial, Referral, Treatment and Aftercare*
- o State-Wide Poster Contest Awarded Prizes to Anti-Drug Poster Art, Published and Distributed by the Department*
- o Urinalysis Monitoring is Utilized to Support Chemically Free Environment: Regular Routine Testing for Community Placement, Random Testing in Institutions, May be Included as Condition of Parole*
- o Formal Intervention Approach for Clients Entering Exodus In Patient Treatment*

TREATMENT

- o DJR Provides Individual, Group and In Patient Treatment to Identified Clients*
- o Exodus Serves as Centerpiece Program: 60-Day, Multi-Modal Residential, State Certified Treatment*
- o Institutions Provide a Variety of Individual and Group Treatment Services to Clients*
- o Cottage Groups Provide Information and the Refer Clients to More Intensive, Campus Treatment Groups*
- o Groups Facilitated by Specially Trained Counseling Staff*
- o Curricula for Group Process Developed and Utilized by Treatment Staff*
- o All Treatment Programs Based on the Alcoholics Anonymous Twelve Steps*
- o Twelve Step Self-Help Support Available at All DJR Programs*

AFTERCARE

- o Aftercare is Available to All Clients Through Parole*
- o Specialized Recovery Programs Available in Five Group Home Programs*
- o Group Home Programs Utilize a Variety of Designs to Provide Ongoing Long-Term Recovery Services*
- o Urinalysis Utilized at All DJR Group Home Programs to Monitor Recovery and Hold Clients Accountable*
- o Computer Based Aftercare Network Lists All Adolescent Specific Services, Educational Programs and Self-Help Support on a County-by-County Basis*
- o Volunteer (Sponsor) Program Available Through Local Alcoholics/Narcotics Anonymous*

ADMINISTRATION

- o State-Wide Administrative Position Oversee Operation, Provides Technical Support, Develops Policy*
- o Each DJR Office and Facility has Identified Coordinator of Substance Abuse Services*
- o Coordinators Provide Linkage with Local Resources, Monitor Program Development and Effectiveness, Provide Connection Between Central Office Administration and Field Practice*
- o Most County Juvenile Courts have Appointed Drug/Alcohol Coordinators to Serve Liaison Function Between State Offices and Local Courts*
- o Working Relationship and Ongoing Projects Between the State Bureau of Alcohol and Substance Abuse (BASA) and DJR*
- o Management Service Section Provides Ongoing Research and Evaluation of Substance Abuse Services*

U. S. HIGH SCHOOL SENIORS

92% have used alcohol

54% have used marijuana

5% use alcohol or marijuana daily

Source: National Institute of Drug Abuse (NIDA)

**Prevalence rates between beginning
7th Grade to end of 8th Grade.**

Seattle Middle School

	7th Grade	8th Grade
Marijuana	19 %	51 %
Alcohol	67 %	85 %

Source: University of Washington, Hawkins, 1984

Children and Family Services
Substance Abuse among Service
Population

Foster Care	35 %
Group Care	68 %
Homebased Outreach Clients	63 %

Source: Washington State Department of Social and Health Services, 1986

**Chronic Delinquency & Substance
Abuse Impairment**

Non-use	9.5 %
Use	3.1 %
Abuse	20.2 %
Chemical Dependency	67.3 %

Source: Washington State Department of Social and Health Services, 1984

**50 % of Violent Juvenile Offenders
Self - report Substance Abuse as a
Contributing Factor.**

Source: Hartstone and Hansen, 1984